

APRIL 2024 Murfreesboro Senior Activity Center Menu

Mon	Tue	Wed	Thu	Fri
1 LASAGNA W/MEAT SAUCE MIXED GREEN SALAD GARLIC BREAD STICK MARGARINE CHILIED PEACKES	2 COUNRTY BAKED CHICKEN RICE PILAF VEGETABLE BLEND WHEAT ROLL TROPICAL FRUIT	3 GLAZED MEATLOAF MASHED POTATOES GREEN BEANS WHEAT ROLL APPLE PIE	4 MONTHLY COMMODITIES	5
8 CLOSED FOR SOLAR ECLIPSE	9 TACO SOUP SHREDDED CHEESE CHOPPED LETTUCE & TOMATOES TORTILLA CHIPS MANDARIN ORANGES	10 SCRAMBLED EGGS SAUSAGE HASHBROWN POTATOES BISCUIT COUNTRY GRAVY FRUIT SALAD	11 HERBED PORK LOIN SCALLOPED POTATOES GREEN BEANS DINNER ROLL FRUIT COBBLER	12
15 HAM & BEANS GREENS CORNBREAD FRUIT CRISP	16 SPAGHETTI W/MEAT SAUCE TOSSED SALAD W/DRESSING GARLIC BREAD MARGARIN CHILLED PINEAPPLE	17 FRIED FISH HUSHPUPPIES PINTO BEANS GREEN TOMATO PICKLES ICE CREAM	18	19
22 STEAK FINGERS MACARONI & CHEESE PEAS & CARROTS BREAD FRUIT CUP	23 CHICKEN & RICE CASSEROLE GREEN BEANS SF WHOLE WHEAT ROLL MARGARINE TROPICAL FRUIT	24 CHILI DOG ON BUN CUCUMBER TOMATO SALAD CHILLED PEARS CHOCOLATE OATMEAL COOKIE	25	26
29 TURKEY CHEF SALAD CRACKERS DRESSING OF CHOICE FRESH ORANGE COOKIE	30 ROAST BEEF CARROTS & POTATOES WHEAT ROLL CHILLED PINAPPLE COOKIE	QUARTERLY COMMODITIES APRIL 24 TH		

*Open Monday/Tuesday / Wednesday 8:00am – 4:00pm
 *Lunch served at 11:30am with skim milk, coffee, tea or water
 *Transportation available

Center phone: 870-285-2312
 Site Manager: Vickie Hutson

APRIL 2024 Murfreesboro Activity Calendar

Mon	Tue	Wed	Thu	Fri
1	2	3	4 MONTHLY COMMODITIES	5
8 CLOSED FOR SOLAR ECLIPSE	9 9:30 – Exercise 10:30 – Chair Volleyball	10 9:30 – Exercise 10:30- Chair Volleyball	11 9:30- Exercise 10:30- Chair Volleyball	12
15 9:30 – Exercise 10:30 – Chair Volleyball	16 9:30 – Exercise 10:30 – Bingo with KaSandra	17 9:30 – Exercise 10:30 – Chair Volleyball	18 CADC HEALTH FAIR & PIKE CO.SENIOR DAY	19
22 9:30 Exercise 10:30 – Chair Volleyball	23 9:30 – Exercise 10:30 – Bingo With April	24 9:30 – Exercise 10:30 - Chair Volleyball	25	26
29 9:30 – Exercise 10:30 – Chair Volleyball	30 9:30 – Exercise 10:30 – Chair Volleyball	QUARTERLY COMMODITIES APRIL 24 th	BIRTHDAYS 4/5 – Bill Hill 4/6 – Travis Gregory 4/8 – Bonnie Nash 4/10 – Mary Alice Gilmer 4/13 – Virginia Evans 4/15 – Mary Hill 4/17 – Shelia Terrell	BIRTHDAYS 4/22 – Francis Sanders 4/23 – Kathy Donihoo

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